## ONLINE COURSE SYLLABUS & OUTLINE

Course Title: Health Care Perspectives For Teachers: Course Number 1001275489: 569I 0106 91

Quarter: Summer, 2001 Dates: 6/20-7/25/2001 Instructor Contact: Cindy Kuhrasch

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**Technical Support:** 

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#### **Course Description:**

This multifaceted online class will fulfill the state requirements in health education for the clear credential. Topics include making teachers aware of basic health needs of the school age (K-12) child and adolescent, including safety, nutrition, rest and exercise; providing guidelines for classroom teachers in assessing the signs and symptoms of commonly encountered injuries, illnesses, and health related conditions in children; assisting teachers to meet the individual needs of health impaired children and obtain the necessary human and material resources required for successful modification of the classroom environment; developing in teachers a more acute sensitivity to culturally diverse belief systems, poverty, and problems of accessibility as it relates to health care use in the school age population; helping teachers find community resources to meet the health/welfare needs of children and their families.

### Goals & Objectives:

By the end of this course, participants should:

- 1. Demonstrate a basic knowledge of the health needs of students.
- 2. Have participated in a guided online learning experience.
- 3. Be able to develop meaningful and engaging health related learning activities.
- 4. Improve collaboration skills in working with other instructors.
- 5. Meet the CLEAR credential requirements for Health Education.
- 6. Demonstrate an understanding of online learning methods.
- 7. Continue to improve skills in effectively teaching Health Education.
- 8. Demonstrate an appreciation of the importance of Health content information for their students.

### **Texts and Materials:**

Meeks and Heit, 1992. Comprehensive School Health Education, ISBN: 096300090X

Order through Specialty Books from <a href="www.OnlineLearning.net">www.OnlineLearning.net</a> home page

### **The Course Geography:**

Below is a brief description of each area of the course. These areas can be accessed by clicking on the buttons that are always shown on the left side of your computer screen.

We will spend time communicating in the <u>Communication</u> area of the course in the <u>Discussion Board</u>. That is where you start the course by introducing yourself.

In the **Course Documents** area you'll find information about the course, and other helpful information.

In the **Assignments** area you'll find information on each of our major assignments.

In the **External Links** you'll find some very useful web based references, which will help you in the course. One of the major activities we will be doing is to collaborate to develop a more complete list for everyone to share.

### **Grading Criteria and Total Components of a Grade:**

- 1. Provide proof of CPR verification.
- 2. Complete the following assignments:
- A. Health Survey
- B. Learning Goal I
- C. Teaching Tolerance letter

D. Internet Scavenger Hunt

E. Unit plan

F. Lesson plan

G. Learning Goal II

H. Quiz

I. Participation in forums

### 3. Participate in weekly forums.

Participation in this class includes active participation in online discussions in addition to completing required readings, weekly assignments, quizzes and homework. Students should participate in weekly class discussion by posting their discussion responses and responding to at least one other classmate each week. Quality postings are those which add new information to that which is already shared, and/or information that challenges the rest of the class to consider a topic in more depth.

Course grades will be based on participation and completion of assignments listed below. For a passing grade students must obtain 70% or higher.

Health Survey 10
Learning Goal I 10
Teaching Tolerance Letter 10
Internet Scavenger Hunt 20
Unit plan 30
Lesson plan 30
Learning Goal II 10
Quiz 10
Forum Week One 10
Forum Week Two 10
Forum Week Three 10
Forum Week Four 10
Forum Week Five 10
Forum Week Six 10

# Feedback Schedule

Throughout the course I will work hard to respond to your work in a timely manner. After you send an assignment to me, you will receive a notification that I received it. Your grades on all assignments will be posted within the week I receive them unless I notify you otherwise.

### **Weekly Course Schedule**

Total Points Possible 190 pts

### **Inclusive Weekly Dates**

Week	Reading	Objective	Activity	Assignment	Forum Discussion
One 6/20- 6/27	Chapters One and Three, as well as online reading	To make teachers aware of basic health needs of the school age (K-12) child and adolescent, including safety, nutrition, rest and exercise.	Online Questionnaire		The grade level(s) you teach Where (geographically) you teach Your interests- professional and otherwise Family stuff (only if you want to!) Any concerns you might have about this course, or about online learning

		D			
Two 6/27- 7/4		Provide guidelines for classroom teachers in assessing the signs and symptoms of commonly encountered injuries, illnesses, and health-related conditions in children.	Internet Scavenger Hunt	Create learning goal	Choose one of the links from your Internet scavenger hunt and describe how you will use it to support the teaching of Health education in your classroom.
Three 7/4- 7/11		* Develop in teachers more acute sensitivity to culturally diverse belief systems, poverty, and problems of accessibility as relates to health care use in the school age population. * To assist teachers to meet the individual needs of health impaired children and obtain the necessary human and material resources required for successful modification of the classroom environment.	Write for materials from this website	Choose an activity for your class and discuss why	After selecting your learning activity for the week, use this forum to tell us which activity you selected and why you think it is an appropriate choice for your students.
Four 7/11- 7/18	K'honton 16	To help teachers find community resources to meet the health/welfare needs of children and their families.			Interview a member of the health care community in your school (or community) and in this week's discussion thread, describe the value they provide in creating a comprehensive

				health program for your students.
Five 7/18- 7/25	Chapter 4 Use other chapters as needed for examples of quality lesson plans	Quiz	Begin unit plan	o Describe the most meaningful learning activity you have ever engaged in as a student (in any subject area), and discuss the way (s) in which you could use that experience on your own teaching. o Choose one of the lesson plans submitted by your peers and describe the reasons you liked it.
Six 7/25- 8/1			Finish Unit plan Learning Goal II	List at least one concept or process that you gained from this class, as well as at least one suggestion for improvement.

Due Dates of a Assignments and Exams

Assignments are to be completed during the week they are assigned. While assignments will be accepted up to one week in advance, they will not be accepted afterward. Weeks begin according to the starting date of the course, so if the course begins on a Thursday, that week will run from Thursday to Thursday, and assignments should be turned in during that time.

### **Course Procedures**

### Each week you will need to complete the following:

- 1. Read the text as outlined
- 2. Read the weekly presentations (listed by week in the Course Documents area)
- 3. Respond to the discussion questions in the **Discussion Board** (under **Communications** from the main menu)
- 4. Participate in your group as directed
- 5. Complete the weekly assignment(s). Be sure to read through the complete assignment description in the assignments section of the course
- 6. Always let me know if you are struggling with something! *Try something twice--if it doesn't work--ask for help*

Online learning can be a little overwhelming, especially at first. Make sure to read directions carefully, ask questions, and use the Blackboard help line as you need to. Once you get past the initial confusion, you will find that online learning can be an extremely rewarding way to learn!

<u>Preferred Methods for Delivering Assignments</u> Each assignment will include instructions about how and where it should be submitted for credit. For those assignments that will be submitted to the instructor, you should use the following email address: <u>teachpe@concentric.net</u>

Assignments sent via email or other should be labeled in the subject line and submitted in Word if possible. If you do not have access to Microsoft Word, then please be sure that you submit your work in RTF format. In addition, be sure to sign all work as your email address may or may not match your name.

For each week of the course, you will see the following information:

Week One	6/20-6/26 To make teachers aware of basic health needs of the school age (K-12) child and adolescent, including safety, nutrition, rest and exercise.		
Reading:	Chapters One and Three, as well as online reading		
Assignments:	Click on this link and take the questionnaire at the resulting site. Once you have completed the questionnaire, presults page and send it to me via email.  Online Questionnaire		
Discussion:	In order that we may get to know one another a little bit better, please share some or all of the following informa with the rest of the class in discussion forum one.  o The grade level(s) you teach o Where (geographically) you teach o Your interests-professional and otherwise o Family stuff (only if you want to!) o Any concerns you might have about this course, or about online learning		
Assessment:	None this week		

# **Policies on Late Assignments:**

Assignments are to be completed during the week they are assigned. While assignments will be accepted up to one week in advance, they will not be accepted afterward. Weeks begin according to the starting date of the course, so if the course begins on a Thursday, that week will run from Thursday to Thursday, and assignments should be turned in during that time.

# **Policies on Plagiarism or Cheating:**

It is assumed that all student work is original unless otherwise noted. The unauthorized use of another person is unlawful and will be considered as justification for a failing grade.